

CERTIFICATE

OF PARTICIPATION

This is to certify that

MARTHA DU PLESSIS

Has successfully participated & completed the

10 km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

TIME 01:39:16

PACE 09:54/km

OVERALL 16 of 23

GENDER 10 of 14

50 - 59 4 of 4

11 May 2019, Sat

Date



